

Suggested treatment guideline for AIO Vaporisers

Proceed to Step 2

STEP 1:
Review Typical Presentation Pattern

→ **Breakthrough Symptoms**
Episodic symptom flares needing rapid relief (e.g. panic, nausea, pelvic pain)

Practicality Issues
Patients unable to use dry herb vaporiser due to motor issues, stigma, social circumstances, or complexity.

Abortive Relief
Sudden-onset events that interrupt function (e.g. PTSD episodes, migraines)

Proceed to Step 3

STEP 2:
Confirm Patient Suitability

Proceed to Step 4

STEP 3:
Select Strain Based on Clinical Need

→ **Daytime use for symptom treatment**
Sticky Papaya Live Resin AIO Vaporiser

- Uplifting, anti-inflammatory, focus-enhancing
- Common: depression, ADHD, daytime anxiety, nausea
- Terpenes: Myrcene, Terpinolene, Limonene
- Sativa-dominant
- THC: 800mg/g | Terpenes: 8.3%

Day or nighttime use for symptom treatment
Frosted Oranges Live Resin AIO Vaporiser

- Analgesic, calming, mood-enhancing
- Common: pelvic pain, GI disturbance related pain, chronic pain,
- Terpenes: Ocimene, Caryophyllene, Bisabolol
- Hybrid
- THC: 800mg/g | Terpenes: 6.9%

Proceed to Step 5

STEP 4:
Initiation and Patient Education

→

- 1–2 one-second inhalations PRN
- Wait 10–15 min before additional dose

* Remember to always set a maximum daily and monthly limit.

Onset of action: ~5–10 minutes
Duration of effect: ~1–3 hours

Proceed to Step 6

STEP 5:
Safety Considerations

→ Advise patient to avoid driving or operating machinery after THC use.

Monitor for:

- Next-day effects of sedation or grogginess
- Psychoactive effects/impairment
- Potential interactions with CNS depressants (e.g. alcohol, benzodiazepines, opioids)
- Tolerance / dependence

STEP 6:
Follow-Up & Adjustment

→ **Timing:** Review in 2-4 weeks after initiation.

- **Assessment:** Review objective and subjective symptom change, treatment tolerability, and adverse effects. Adjust dosages or formulation if necessary.
- Consider addition of, or switch to, a long-acting formulation if frequent PRN use