

TANGELO BOOST

THC24 SATIVA-DOMINANT



AT A GLANCE

Effective Dose

Cultiva Tangelo Boost THC24
0.2g PRN (0.4g daily)

CBD Isolate 100mg/ml
0.6ml BD (120mg daily)

Method of Administration

Inhalation, Storz & Bickel Mighty Medic
(TGA-approved vapouriser)

Patient Outcomes

- Substantial decrease in overall daytime anxiety levels
- Significantly improved motivation, concentration and ability to focus
- Concurrent reductions in apathy
- Improvement in quality of life due to greater involvement in social and work activities and ability to manage daily tasks
- Increased energy levels
- Increased sense of empowerment with ability to self-manage symptoms
- Significant improvements in sleep quality

PATIENT PROFILE

Age 24 **Sex** Female

Presenting Diagnosis

Generalised Anxiety Disorder (GAD)
Depression

Presenting Symptoms

Rumination of thought
Decreased motivation
Apathy
Poor concentration
Ongoing sleep disturbance

Impact on Life

Social isolation
Affects ability to partake and complete academic studies

Previous Therapies

Escitalopram 20mg
Temazepam 10mg PRN

Current Therapies

Fluoxetine 20mg
Diazepam 5mg PRN
Psychology (fortnightly)
Acupuncture



TREATMENT PLAN

Week 01

Cultiva Tangelo Boost THC24
0.1g PRN (0.3g daily)

CBD Isolate 100mg/ml
0.2ml BD (40mg daily)

Patient reported initial improvement in daytime anxiety levels and motivation. Mild short term relief from apathy and poor concentration. However, symptoms persisted and continued to affect daily activities. Ongoing sleep disturbances noted.

Week 02

Cultiva Tangelo Boost THC24
0.2g PRN (0.4g daily)

CBD Isolate 100mg/ml
0.4ml BD (80mg daily)

Moderate increase in motivation and daily activity engagement. Apathy and concentration deficits showed slight improvement, with reduced focus-related challenges. Decrease in anxiety levels overall resulting in improved sleep quality, with patient experiencing deeper and more restful sleep.

Week 03

Cultiva Tangelo Boost THC24
0.2g PRN (0.4g daily)

CBD Isolate 100mg/ml
0.6ml BD (120mg daily)

Substantial increase in motivation and initiation of daily activities. Notable reduction in apathy and improved concentration, with fewer cognitive deficits reported. Patient reported further improvement of sleep quality.

Week 04

Cultiva Tangelo Boost THC24
0.2g PRN (0.4g daily)

CBD Isolate 100mg/ml
0.6ml BD (120mg daily)

Overall significant improvement in symptom management and daily functional performance. Patient reported stability in overall mood and anxiety symptoms. Apathy substantially reduced, with marked improvement in concentration, cognitive focus and motivation. Significant increase in participation of social and occupational activities.

PATIENT OUTCOMES

Effect on Symptoms

- Significant improvements in daytime anxiety levels, with concurrent reductions in apathy and increased motivation.
- Improved ability to focus and significantly less rumination of thought.
- Improved sleep quality with fewer awakenings and a more restful sleep.

Effect on Daily Life

- Overall improvement in quality of life due to greater involvement in social and work activities, increased energy levels, and improved cognitive functioning.
- Enhanced ability to manage daily tasks effectively.

Patient Satisfaction

- Patient expressed high satisfaction with the availability of immediate-onset medication for managing symptom exacerbations.
- Patient noted feeling more empowered in self-managing their condition and symptoms, along with an enhanced ability to manage social and academic commitments.

Doctor's Note

- Patient has shown a positive response in overall symptom and condition management.
- This improvement has led to an enhanced ability to engage in commitments and a greater sense of empowerment in managing their condition.

